



LITTLE ROOTS PEDIATRICS

Dosage Charts

Common Over-the-Counter Medications for Children

DISCLAIMER: The information below is meant to provide reliable information consistent with the standard of care at the time of publication. It is not designed to be all-inclusive nor is it intended to substitute for the individual advice and decision-making provided by your pediatrician.

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Diphenhydramine (Benadryl) Pediatric Dosage Chart

Diphenhydramine (Benadryl) Dosage Chart			
Child's weight	Suspension (12.5mg/5ml)	Chewable Tablet 12.5 mg each	Capsule/Tablet 25 mg each
11 - 16 lbs	2.5 mL		
17 - 21 lbs	3.75 mL		
22 - 26 lbs	5 mL	1 tab	
27 - 32 lbs	6.25 mL	1 tab	
33 - 37 lbs	7.5 mL	1 tab	
38 - 43 lbs	8.75 mL	1 tab	
44 - 54 lbs	10 mL	2 tabs	1 tab
55 - 65 lbs	12.5 mL	2 tabs	1 tab
66 - 76 lbs	15 mL	2 tabs	1 tab
77 - 87 lbs	17.5 mL	2 tabs	1 tab
> 87 lbs	20 mL	4 tabs	2 tabs

IMPORTANT: Diphenhydramine is an over-the-counter antihistamine for use during allergic reactions. Dosing is based on weight and not age. It should not be used in infants under 6 months of age. Give every 6 hours as needed. Do not exceed 4 doses in 24 hours.

Always call your pediatrician if you have any questions.



Acetaminophen Pediatric Dosage Chart

Acetaminophen Dosage Chart			
Child's weight	Suspension (160mg/5ml)	Chewable Tablet 80 mg each	Chewable Tablet 160 mg each
6 - 11 lbs	1.25 mL		
12 - 17 lbs	2.5 mL		
18 - 23 lbs	3.75 mL		
24 - 35 lbs	5 mL	2 tabs	
36 - 47 lbs	7.5 mL	3 tabs	
48 - 59 lbs	10 mL	4 tabs	2 tabs
60 - 71 lbs	12.5 mL	5 tabs	2.5 tabs
72 - 95 lbs	15 mL	6 tabs	3 tabs
> 95 lbs			4 tabs

IMPORTANT: One dose of acetaminophen lasts 4 hours. Do not give more than 5 doses in 24 hours.

Always call your pediatrician if you have any questions.



Ibuprofen Pediatric Dosage Chart

Ibuprofen Dosage Chart					
Child's weight	Oral Drops (50mg/1.25mL)	Suspension 100mg/5mL	Chewable Tablet 50 mg each	Chewable Tablet 100 mg each	Caplets 100 mg each
12 - 17 lbs	1.25 mL	2.5 mL			
18 - 23 lbs	2.5 mL	5 mL	2 tab	1 tab	
24 - 35 lbs	3.75 mL	7.5 mL	3 tabs	1.5 tabs	
36 - 47 lbs	5 mL	10 mL	4 tabs	2 tabs	2 caps
48 - 59 lbs		12.5 mL	5 tabs	2.5 tabs	2.5 caps
60 - 71 lbs		15 mL	6 tabs	3 tabs	3 caps
72 - 95 lbs		20 mL	8 tabs	4 tabs	4 caps

IMPORTANT: One dose of ibuprofen lasts 6-8 hours. Do not give over 4 doses in 24 hours. Ibuprofen should not be given to infants under 6 months of age.

Always call your pediatrician if you have any questions.

